

A Roadmap for, PMP Exam Preparation

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SME Quality



Objectives

- To share you my experience on how to prepare for the PMP exam.
- To provide you with useful tips and information that can help you to understand the PMP concepts and mindsets



Outlines

- What is PMP certificate?
- What is the update on PMP certificate?
- How to plan your exam?
- Preparation for PMP exam (my experience).
- About the P P exam (topics, time,etc)
- What you need to know after passing the exam

What is PMP Certificate?

- PMP is a widely gold standard certification for project managers.
- It provided by the Project Management Institute (PMI) which is a U.S.-based not-for-profit professional organization for project management.





Why PMP is Important?

- validates your project management skills,
- increases **earning** potential, enhances career advancement,
- provides global recognition and credibility.
- holding the certification makes you a more attractive candidate to employers and opens doors to leadership roles,
- demonstrates a commitment to professional excellence in a field that is in high demand.



➤ **Number of PMP holders per country in 2024**

Country	Number of PMP Holders (approx.)
China	590,447
United States	390,304
Canada	85,188
India	70,160
Japan	45,445
Saudi Arabia	38,689
United Arab Emirates	17,691
Germany	17,154
Brazil	15,394
Singapore	14,584

Who Should Hold PMP?

- Project Management is part of a Business Analyst's role but its a multidisciplinary field that applies project management principles.
- Example of other field that could:
 - ✓ **Construction:** Building a new office complex or a residential building.
 - ✓ **Software Development:** Implementing a new customer relationship management (CRM) system.
 - ✓ **Healthcare:** Conducting a clinical trial for a new drug or implementing a new patient tracking system.
 - ✓ **Education:** Developing a new curriculum or planning a large-scale educational event
 - ✓ **Marketing:** Launching a new product or running a specific marketing campaign.
 - ✓ **Research & Development:** Developing and launching a new technology or process.



PMP Application Process

1

Check eligibility and prepare

2

Complete the application

3

Pay and schedule the exam

4

Study for the exam

5

Take the exam

Set A requirements

- High school or secondary school diploma
- Minimum 60 months/5 years experience leading and managing projects within the past eight years
- 35 hours of project management education/training. You can also meet this requirement with:

Set B requirements

- Bachelor's degree or higher (or global equivalent)
- 36 months/3 years experience leading and managing projects within the past eight years
- 35 hours of project management education/training. You can also meet this requirement with:

Set C requirements

- Bachelor's degree or higher (or global equivalent) from a GAC accredited program
- 24 months/2 years experience leading and managing projects within the past eight years
- 35 hours of project management education/training (GAC core project management course work is pre-approved to fulfill this requirement)

Sources of Online Project Management (35) Hours

A. Udemy

<https://www.udemy.com/courses/search/?src=ukw&q=pmp>

B. Coursera

<https://www.coursera.org/specializations/pmp-exam-prep-certification-training>



Tips for Writing Your Project Management Application Experience

- **Project Objective:** A single, concise sentence stating the purpose of the project.
- **My Role:** A description of your position on the project and the scope of your responsibility (e.g., "managed the entire project life cycle").
- **Key Responsibilities and Deliverables:** A summary of the actions you performed, using PMI terminology.
- **Project Outcome:** A brief, results-focused sentence or two explaining the project's result.



Tips for Writing Your Project Management Application Experience

- **Avoid overlapping project dates.** If you worked on multiple projects at once,
- **Be truthful.** Your application must accurately reflect your personal experience. If you are audited, you will need to verify your projects with a manager or colleague.
- **Write your own descriptions.** You must write your own descriptions based on your specific project experience.





Example of Writing PMP Experience

- **Objective:** Design and launch a new product line for a retail clothing company aimed at a female consumer base between 18-25 years old. The project budget was \$4 million, and the project deadline was 16 months.
- **Role:** I served as the Senior Project Manager and managed the full project life cycle, from initiating to closing.
- **Responsibilities/Deliverables:** My responsibilities included: performing stakeholder analysis (IN), conducting the kickoff meeting and managing expectations for all stakeholders involved (PL), managing task execution by leading the project team (EX), measuring project performance using appropriate tools (MC), and obtaining stakeholder feedback to evaluate their satisfaction (CL).
- **Outcome:** This project was completed under budget and within the stated timeline, and the product line transitioned to operations.



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Follow the steps below for a smooth application process:

Gather your application materials

Document your experience related to past projects and training. Below are some examples to help guide you through your documentation process:

- Projects you've led
- Where you've worked, your role and responsibilities, duration of projects
- Training you've completed

Additional tips

- Remember to register a PMI.org user account before moving forward with your application.
- Don't miss any requirements with the [application checklist](#).
- Take your time. The application is save-as-you-go, so you can take a break if needed.
- Remember to focus on your role and responsibilities for the project, not as much on the project itself.



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Your application was accepted. What's next?

First, congratulations!

You're on the path toward career advancement. Once you verify your acceptance, the next step is to pay your exam fee.

In the case you're selected for an eligibility audit, you must provide the following to confirm your eligibility:

- Copy of degree
- Verification of experience signed by supervisor
- Certification or proof of 35 hours of project management education/training or CAPM® certification

Schedule your PMP exam

After you pay, you can schedule your exam. Below are some helpful details about exam scheduling:

- You can take your exam at a Pearson Vue Testing Center (recommended) or securely online
- You may attempt the exam up to three times in one year if you don't pass

PMP Exam Cost?

- ➡ \$405 for members of the Project Management Institute (PMI).
- ➡ \$555 for non-members of PMI.
- ➡ \$149 for PMI membership.



How to Prepare for PMP Exam?



**Project
Management
Institute.**



**PMP EXAM
LESSONS LEARNED**





My story with pmp



- I started my journey in August 2020
- I submitted my first application in March 2023, and it expired
- I submitted the second application in June 2024 and underwent for audit, and it took 3 months to be approved
- My first exam attempt for the exam was in June 2025 (**Failed**)
- I requested an extension for my application, and extended another 3 months
- In September 2025, I took the second attempt and **passed** with above target



A- Reading	B-Watching
1. PMP guide 7th edition. 2. Process Groups A practice Guide. 3. Agile Practice Guide. 4. Agile manifesto 12 principles 5. Project Management Professional (PMP) examination content outline.	1. Edzest project academy (Process + People + business) questions / you tube videos around 16 hours. 2. David Mclachlan, watch as much as you can both questions and concepts explanation. His questions about Agile, predictive or drag the questions. 3. Yassin Tounsi, PMP mock exam , 5 hours you tube video. 4. Mohammed Rahman PMP trick (take the general idea) <i>but do not be very confidence with his tricks.</i>

A. Reading Roadmap

#	Reading materials	Number of pages	Estimated time
1	PMP guide 7 th edition.	250	10 pages/day=25days.
2	Process Groups A practice Guide.	350	10 pages/day=35days.
3	Agile Practice Guide.	100	10 pages/day=10days.
4	Agile manifesto 12 principles.	1	
5	Project Management Professional (PMP) examination content outline (general review).	20	2 days.
6	PMP_Exam_Prep_Rita_Mulcahy.	490	49 days.
Estimated time 120 days/4months			



➤ PMP guide 7th edition:

<https://youtu.be/HVlrXOQoSUw?si=bAccFUvHpPBcX4A4>

➤ AGILE versus WATERFALL Project Plans

<https://www.youtube.com/watch?v=3KgjfqiN2fE>

➤ Agile manifesto 12 principles:

<https://agilealliance.org/agile101/12-principles-behind-the-agile-manifesto/>





✓ Tips for Effective Reading

Do not do	Do
▪ PMP is an English-based certificate; do not translate unless you are struggling with understanding the concept. ▪ Do not jump to the questions before understanding the main concepts. ▪ Do not waste your time with paid preparation courses or revisions by coaches	• Only use approved materials (books, websites) in your preparation. • Use Meta to understand the concepts and save questions in your review notes. • Understand the PM mindset first, it will assist you in solving the questions easily



B.Watching Roadmap

#	YouTube Channel	Estimated time	Which one to start & frequency?
1	Edzest project academy (Process+People+ business) questions / you tube videos around, 16 hours .	<i>1 hour daily / 16 days</i>	<i>Second Watch it 1-2</i>
2	David Mclachlan, watch as much as you can both questions and concepts explanation. His questions about Agile, predictive or drag the questions, 16 hours	<i>1 hour daily / 16 days</i>	<i>First Watch it 1-2</i>
3	Yassin Tounsi, pmp mock exam , 5 hours	<i>1 hour daily / 5 days</i>	<i>Third Watch it 1-2</i>
4	Mohammed Rahman PMP trick (take the general idea), 2 hour <i>but do not be very confidence with his tricks</i>	<i>2 hour/ 2 days</i>	<i>Fourth Watch it 1-2</i>
Estimated time Minimum 39 hours/ 39 days – 78hrs/78days			



B. Watching Roadmap

1. Edzest project academy

- Process.
- People.
- Business.

+

**Project Management Professional (PMP) examination
content outline.**





B. Watching Roadmap

2. David Mclachlan

- Agile concept / agile questions.
- Predictive concept/ Predictive questions.
- Dragging questions.



Exam Preparation Timeline

Task name	November 2025	December 2025	January 2026	February 2026	March 2026	April 2026
Reading						
Watching						



About the Exam

A. Time of the exam

- **Total exam duration (including breaks):** 250 minutes (230 minutes of exam time + 20 minutes of break time).
- **Total exam time:** 230 minutes.
- **Total break time:** 20 minutes (two 10-minute breaks).
- **Total questions:** 180 (175 are scored, 5 are pretest questions).
- **You have 76.6 seconds** per question.



About the Exam

Continue

B. Break time

- **First break:** After completing and reviewing questions 1-60. The break lasts for 10 minutes.
- **Second break:** After completing and reviewing questions 61-120. This break also lasts for 10 minutes.
- **Important:** Once you finish a section and start a break, you cannot go back to the previous questions.



C. Types of PMP questions

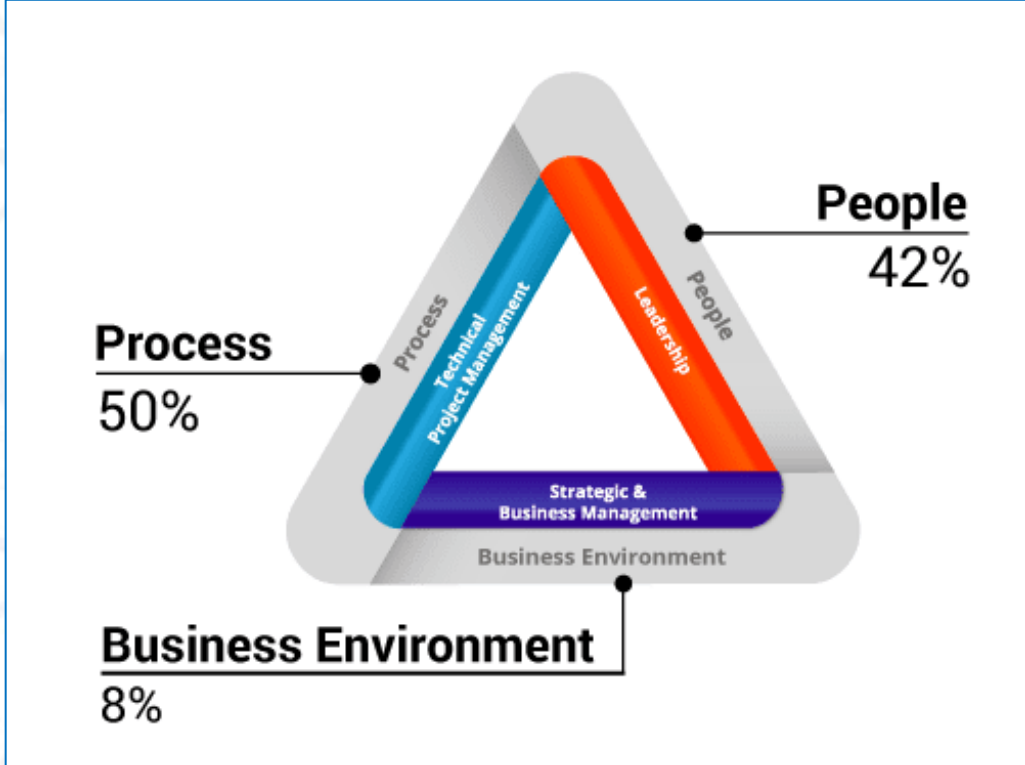
- Multiple choice question MSQ / include formulas
- Dragging



Despite 98% of PMP questions being MSQs, they go beyond a choice-style to **test your mindsets** and require you to think as a project manager during the exam.



C. PMP Exam Domains

Before 2021		After 2021	
Domain	Percentage of Items on Test	 Process 50% People 42% Business Environment 8%	
I. Initiating	13%		
II. Planning	24%		
III. Executing	31%		
IV. Monitoring and Controlling	25%		
V. Closing	7%		
Total	100%		



D. Exam Result

■ Overall score

1

Your Overall Score Performance: **Fail**

Unfortunately, you failed the Project Management Professional (PMP)® exam and did not obtain the credential.



What does this diagram mean?

The diagram uses four different Performance Rating Categories to show your overall performance on the exam. Each rating reflects how many questions you answered correctly.

Performance Rating Categories**

Above Target: Your performance **exceeds** the minimum requirements for this exam.

Target: your performance **meets** the minimum requirements for this exam.

Below Target: Your performance is **slightly below target and fails to meet** the minimum requirements for this exam. Additional preparation is recommended before reexamination.

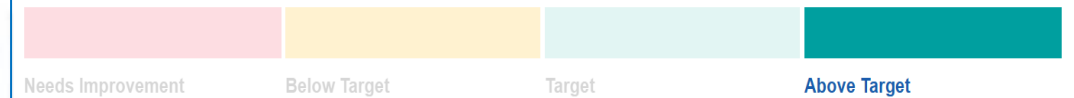
Needs Improvement:

Your performance is far below target and fails to meet the minimum requirements for this exam. Additional preparation is strongly recommended before reexamination.

2

Your Overall Score Performance: **Pass**

Congratulations! You passed your exam and have successfully earned your PMI certification. This is a tremendous accomplishment!



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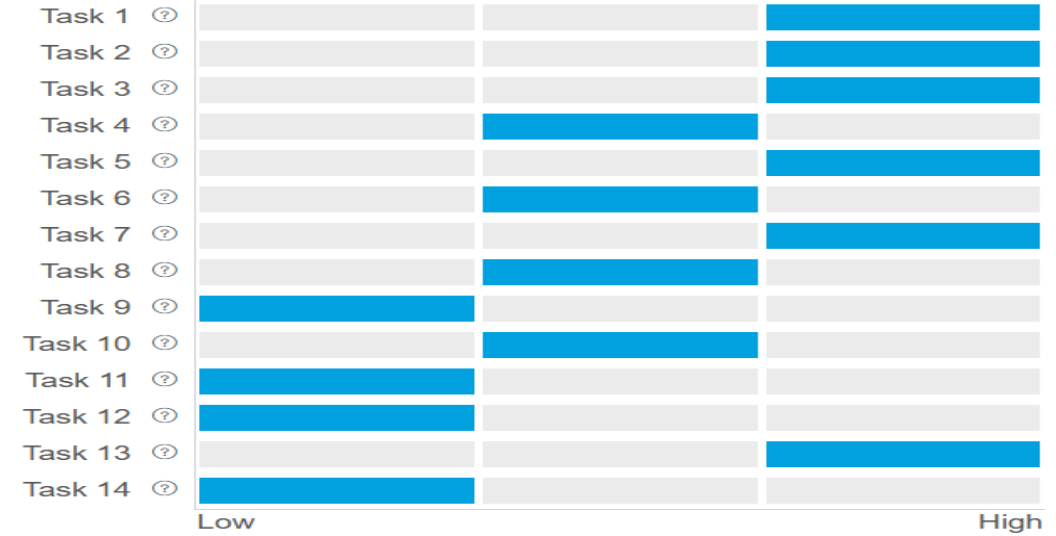
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Report Per Domain

People: Domain 1



Your Performance by Domain:

Using the same categories (as above), your performance has been calculated within each domain. This will help you identify your strong areas as well as those needing improvement so that you can plan your future professional development.

People	Process	Business Environment
Above Target	Target	Above Target

What Should I Do After Passing PMP Exam?

- Your certification is valid for three years.
- To **stay certified**, you need to complete professional development activities and earn and report 60 professional development units (PDUs).



PMP® |
Certification

Congratulations!



**You earned your Project
Management Professional
(PMP)® Credential.**

Dear Mohammed Albaadani:

We know how hard you worked for your Project Management Professional (PMP)® Credential. That's why we're excited to share in your success: You've earned it! Congratulations!

